

We all have some oil on our skin. Under our skin pores, sebaceous glands produces a natural oil called sebum which keeps our skin hydrated and healthy. However, these glands can produce too much oil, which gives our skin an oily feel to it and often makes it look shiny. Breakouts on the face are more likely when our skin is oily because the sebum mixes with dead skin cells which blocks our pores, allowing bacteria to generate spots.

There are a number of reasons why our skin may be oily, and these include genetics (hereditary), climate (people tend to produce more oil in their skin in hot, sunny climates), ageing (we produce less oil as we age and so our skin dries out causing fine lines and wrinkles), enlarged pores (which tend to produce more oil) and dehydration. Dehydration is thought to be one of the main contributing factors to oily skin. Dehydration leads to the over-production of sebum.

Here at Nativis, we have developed a range of Skincare products to help manage oily skin. The products are 100% natural in composition, and all contain a natural active ingredient derived from Sericin which we have called Silk Hydra-Fix®. This active ingredient which deeply hydrates and moisturises the skin. Hydration is key to controlling the levels of sebum our skin produces. Hydration will regulate the levels of sebum produced thereby diminishing the oily look and feel of our exterior skin. We recommend using the Silk Hydra-Fix® sensitive soap bar and Face Serum to rapidly bring oily skin and the associated breakouts which often occur, under control. Positive results should be observed using the products described in this package after 1-2 days and should improve significantly with continued use.

## Products Package for Oily Skin

### Silk Hydra-Fix Soap (75g) Directions for Use - Wash First



1. Wet the affected area with warm (not hot) water.
2. Build up a lather with the hands - apply to affected area through gentle massaging with fingers.
3. Rinse with warm (not hot) water.
4. Dab dry with a clean natural fibre (Cotton for example) towel.

### Silk Hydra-Fix Face Serum (100g)



### Directions for Use - Hydrate and Moisturise the skin

1. Apply a small quantity of the Face Serum to fingertips and gently massage into the affected areas until the Serum has absorbed.
2. Apply morning and in the evening before sleep. Continue this routine once the condition is under control to maintain a healthy skin balance.

**Package Price £26.10 - SAVING 10%**

Repeat above procedure daily for best results. Improvements should be seen within a 1-2 days with the skin beginning to feel significantly less oily and shiny. Spots and breakouts will significantly reduce in frequency and severity. Continued regular daily use of the soap and face serum should bring your skin back to a healthy balance with minimal or no breakouts.